

Pre-Operative and Pre-Anesthetic Instructions

If you are having a GENERAL ANESTHETIC or I.V.Sedation, **please do not eat, drink, or smoke for at least SIX HOURS before your appointment time. This is very important.** DO NOT VIOLATE THIS RULE. If your mouth and throat become dry, cool water may be used as a rinse. (BUT DO NOT SWALLOW!) HOWEVER, PLEASE TAKE YOUR ROUTINE DAILY MEDICATIONS (EXCEPT BLOOD THINERS AND INSULIN REPLACEMENT) WITH A SMALL SIP OF WATER ONLY.

2-Do not ignore a HEAD or CHEST cold when having surgery. Call immediately if you have any symptoms, as a change of appointment may be necessary. **We have reserved this time for you, so please give us 48 hours notice if you cannot keep your appointment.**

3-If you wear CONTACT LENSES, whether soft or hard, please REMOVE THEM. Please wear conventional glasses on the day of your surgery.

4-Your mouth and teeth should be WELL-CLEANSED before your surgery to help avoid infection. (Do not swallow the saliva or toothpaste while brushing your teeth.)

5-If you ever had a SEVERE ILLNESS of any type or if you are taking any medications or are ALLERGIC to any drugs, please let us know (**please bring all your medications**).

6-A responsible adult should ACCOMPANY YOU on your surgery day and take you home. You may under NO CIRCUMSTANCES drive an automobile for at least 24 HOURS following your anesthetic and surgery (nor can we release you to a public transportation service).

7-PLEASE LEAVE all jewelry at home including watches, rings, necklaces and earrings.

8-Please wear a SHORT-SLEEVED SHIRT and loose clothing, as this will make taking your blood pressure, starting I.V. and placing cardiac monitor leads easier. (WEAR OLD CLOTHES.) Women should **not** wear hose or slippers as they interfere with placement of EKG leads.

9-Appointments are made with an exact time, but delays are sometimes unavoidable because of emergencies. We appreciate your patience and will try our best to see you on time.